

# Meeting the Mental Health Needs of Racialized Youth

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# Defining race – a social construct

# **Snapshot : mental health status of racialized youth in Canada**

**What are the causes of mental health inequities for racialized youth?**

**What can we do to address these inequities?**

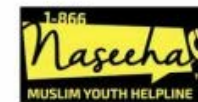
# The Roshni Project: Enhancing the mental health of young South Asian women

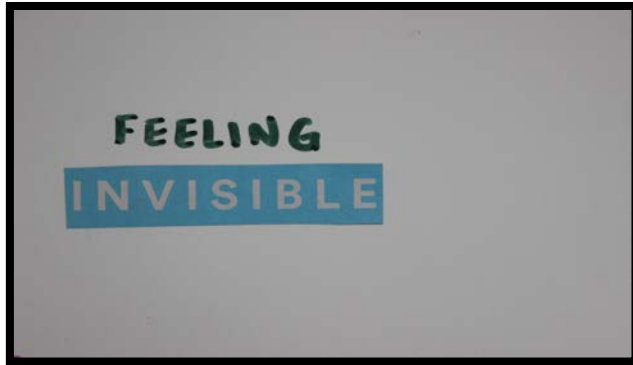
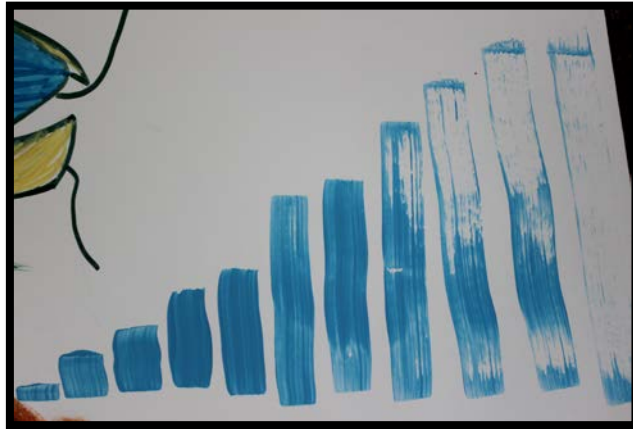
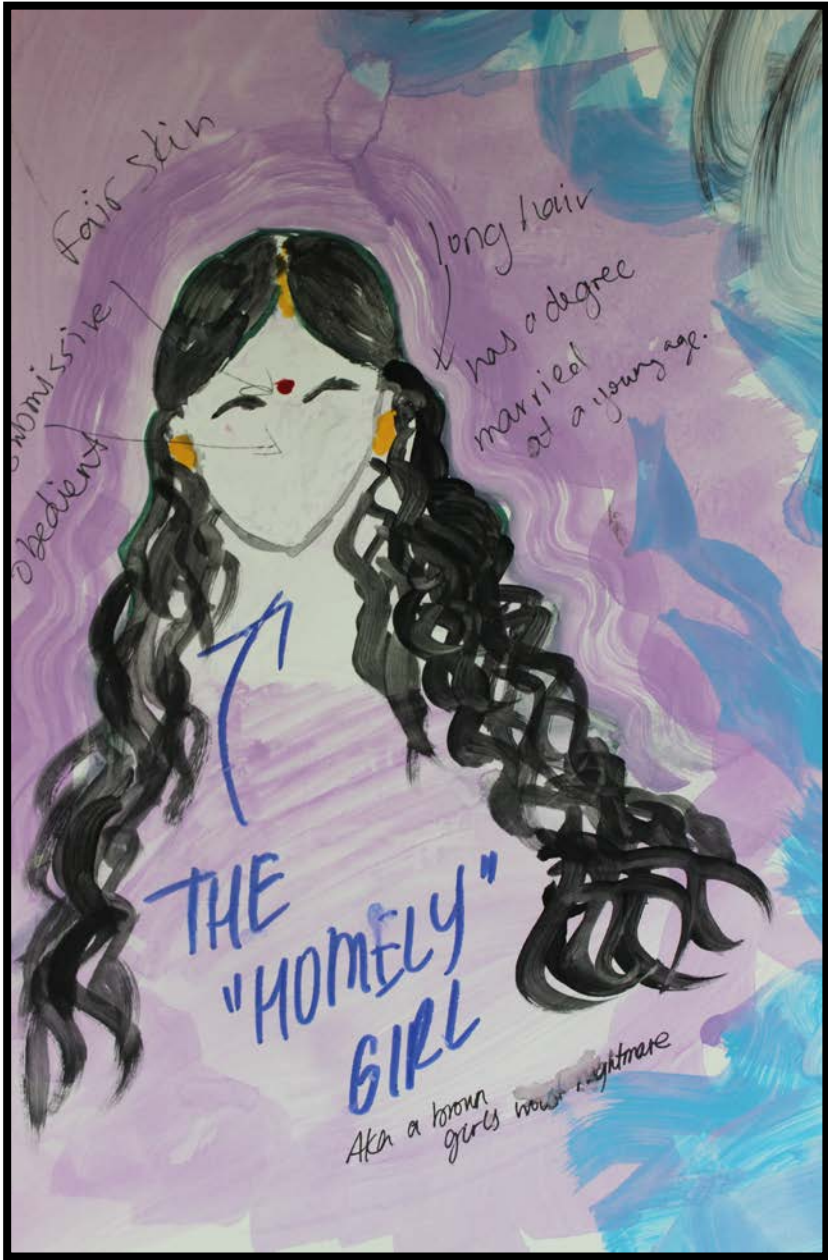


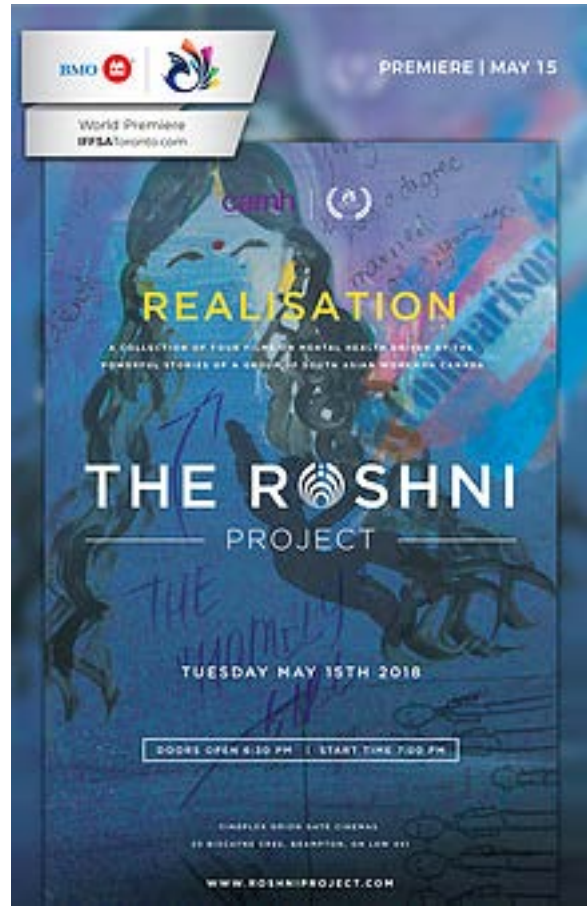
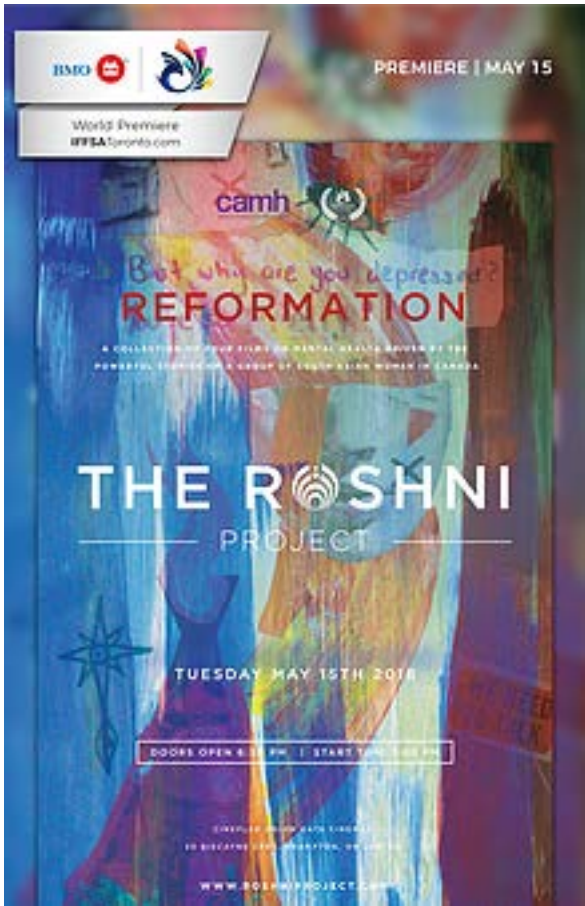
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**Do the best you can until you know better.  
Then when you know better, do better.**  
- Maya Angelou -

# Thank You

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