Meeting the Mental Health Needs of Racialized Youth

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Defining race – a social construct
Snapshot: mental health status of racialized youth in Canada
What are the causes of mental health inequities for racialized youth?
What can we do to address these inequities?
The Roshni Project:
Enhancing the mental health of young South Asian women

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Do the best you can until you know better. Then when you know better, do better.

- Maya Angelou -
Thank You

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