Advice from the Trenches: Bringing a Parent Perspective to Service Design
Family Supports

Have you been offered individual/ family supports to help your family’s experience with the mental health system?

- Yes: 57%
- No: 35%
- Unsure: 8%
Did you choose to receive the individual or family supports offered?

- Yes: 94%
- No: 6%
Impacts of Mental Health Issues on Families

Have any of the following been impacted for you and/or your family as a result of your child/youth’s mental health? (Select all that apply)

- Finances: 73%
- Work: 80%
- Family relationships: 84%
- Social relationships: 78%
- Health (physical & mental): 88%