PROGRAM AND REGISTRATION

2018 CMHO CONFERENCE
November 26 & 27, 2018  Downtown Toronto Marriott

INNOVATIONS IN SERVICE DELIVERY

#CMHO2018  www.cmho.org
Innovations in Service Delivery

Children’s Mental Health Ontario’s 2018 conference welcomes more than 600 delegates who share a passion for delivering high quality, coordinated services to children, youth and families across Ontario.

With a goal of ensuring better outcomes for children and families, our conference convenes mental health service providers and cross-sectoral partners, including those from hospitals, primary care, education, child welfare, youth justice and adult mental health.

This year’s conference brings together innovators from across North America to share the latest discoveries, practices and ideas on improving service delivery of mental health care to infants, children and youth. CMHO is excited to facilitate the sharing of knowledge between our many learned colleagues at this year’s conference.

Our keynote speakers include:

- **Dr. Stuart Ablon**, the Director of Think: Kids in the Department of Psychiatry at Massachusetts General Hospital. Dr. Ablon trains parents, educators and clinicians and helps organizations throughout the world implement the Collaborative Problem Solving Approach.

- **Dr. Gursharan Virdee** is a psychologist and researcher at CAMH. Dr. Virdee’s research focuses on expanding our understanding of mental health recovery for diverse populations.

- **Dr. Christopher Mushquash** is a registered clinical psychologist providing assessment, intervention, and consultation services for First Nations children, adolescents, and adults at Dilico Anishinabek Family Care.

- **Ontario Child Health Study**, we will have the pleasure of hearing from Dr. Michael Boyle and Dr. Kathy Georgiades as they discuss the surprising results from this ground-breaking study.

Out of the 100+ high quality workshop submissions we received for this year’s conference, clinicians and sector leaders came together to evaluate and select the workshops that best fit this year’s theme. Some key workshops include:

- Urban Tele-Mental Health Pilot Project: An Innovative Approach to Reducing Barriers in Children’s Mental Health

- Tearing Down Silos: How Integrating Child and Youth Mental Health Works in a Multi-Service Model Can Help Your Organization and Clients

- The Polaris Program: How We Created an Intensive, Family-Centered Service Model That Keeps Families Together

- Collecting Standardized and Meaningful Feedback from Youth and Families: Making Performance Indicators Work

CMHO is proud to bring innovative leaders, researchers and clinicians together as we build a high-quality child & youth mental health system.

We hope you will join us!

Kimberly Moran  
CEO  
Children’s Mental Health Ontario
Innovations en prestation de services

Le congrès 2018 de Santé mentale pour enfants Ontario accueille plus de 600 délégués qui ont une passion en commun : offrir des services coordonnés de haute qualité aux enfants, aux jeunes et aux familles de l'Ontario.

Ayant pour but d’assurer de meilleurs résultats pour les enfants et les familles, notre congrès réunit des fournisseurs de services en santé mentale et des partenaires intersectoriels, incluant les secteurs hospitaliers, soins primaires, éducation, aide à l'enfance, justice pour la jeunesse et santé mentale pour adultes.

Le congrès de cette année rassemble des innovateurs de partout en Amérique du Nord afin de partager les dernières découvertes, pratiques et idées afin d’améliorer la prestation des services en santé mentale pour les enfants en bas âge, les enfants et les jeunes. SMEO se réjouit de promouvoir le partage des connaissances parmi nos nombreux éminents collègues lors du congrès de cette année.

Voici quelques-uns de nos principaux conférenciers :

• Dr. Stuart Ablon, directeur de Think: Kids au département de psychiatrie de l'hôpital général du Massachusetts. Dr. Ablon forme les parents, les enseignants et les cliniciens et aident les organisations à travers le monde à mettre en œuvre la méthode de résolution de problème fondée sur la collaboration.

• Dr. Gursharan Virdee est psychologue et chercheuse à CAMH. Les recherches de Dr. Virdee s’attachent à approfondir notre compréhension du rétablissement en santé mentale pour diverses populations.

• Dr. Christopher Mushquash est psychologue clinicien agréé fournissant des services d'évaluation, d'intervention et de consultation pour les enfants, les adolescents et les adultes des Premières nations au centre Dilico Anishinabek de soins aux familles.

Sur les plus de 100 soumissions d’ateliers de haute qualité que nous avons reçues pour le congrès de cette année, des cliniciens et responsables de secteurs se sont réunis pour évaluer et choisir les ateliers qui correspondent le mieux au thème de cette année. Voici quelques-uns des principaux ateliers :

• Le projet pilote Urban Tele-Mental Health : Une méthode innovatrice pour réduire les obstacles en santé mentale pour enfants

• Tearing Down Silos (Démolir les cloisons) : Comment l’intégration de travaux en santé mentale des enfants et des jeunes dans un modèle multiservices peut aider votre organisation et vos clients

• Le programme Polaris : Comment nous avons créé un modèle de service intensif axé sur la famille qui permet aux familles de rester unies

• Recueillir les commentaires normalisés et significatifs des jeunes et des familles: Assurer le succès des indicateurs de performance

SMEO est fier de rassembler des leaders, des chercheurs et des cliniciens innovateurs alors que nous bâtissons un système de haute qualité en santé mentale pour les enfants et les jeunes.

Nous espérons que vous vous joindrez à nous!
Conference Location

Marriott Toronto Downtown Eaton Centre Hotel
525 Bay Street Toronto, Ontario M5G 2L2  Phone: 416-597-9200  Toll-free: 1-800-228-9290  www.marriott.com

Located in the heart of Toronto, the Marriott Toronto Downtown Eaton Centre Hotel is connected to the Eaton Centre, Toronto’s largest shopping mall. The hotel is steps from all of the attractions Toronto has to offer including the CN Tower, Royal Ontario Museum and Rogers Centre. Hotel amenities include a health club, a roof top pool and the Trios Bistro, a restaurant that serves breakfast, lunch and dinner.

Accommodation

A limited number of rooms are being held at the Marriott Toronto Downtown Eaton Centre Hotel for delegates attending the CMHO 2018 Conference. The special conference rate is $209.00 per night, single or double occupancy, plus applicable taxes. This rate is available on a first-come, first-served basis until October 25th, 2018. Delegates must make their own reservations by calling the hotel at 1-800-228-9290. Remember to identify yourself as a Children’s Mental Health Ontario delegate in order to receive the special rate. Book your group rate for CMHO NOV2018.

Parking

Self-Parking
Hotel Guests  Overnight guest daily rate charged to registered rooms (with in/out privileges) $36
Visitors  Each 1/2 hr. or less $4.50  Maximum daily rate (no in/out privileges) $36
Early Bird Rate  In by 8 am, out by 6 pm $16

Valet Parking
Hotel Guests  Overnight guest daily rate charged to registered rooms (with in/out privileges) $50
Visitors  Each hour or less $18  Maximum daily rate (no in/out privileges) $50

Public Transportation

The nearest TTC stop is Dundas Subway Station. The hotel is also accessible via Queen Subway Station.

From Toronto Pearson International Airport (YYZ) take Highway 427 South to the QEW-Queen Elizabeth Way East to the Gardiner Expressway East and exit at York/Bay Streets. Follow Bay Street north and the hotel will be on the right just north of Queen Street. Estimated taxi fare from Pearson: $65 CAD (one way)

OR
Take the Union Pearson Express from Pearson International Airport to Union Station. You can then transfer onto the TTC Subway (Yonge Line) and exit at Dundas Subway Station. Estimated train fare: $12 CAD (one way)

From Billy Bishop Toronto City Airport (YTZ) take the Gardiner Expressway East and exit at Bay Street. Follow Bay Street north and the hotel will be on the right just north of Queen Street. Estimated taxi fare: $20 CAD (one way)
# Registration Fees

<table>
<thead>
<tr>
<th></th>
<th>On or Before October 26th, 2018</th>
<th>After October 26th</th>
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<tbody>
<tr>
<td><strong>Member</strong></td>
<td>Full Conference</td>
<td>$490.00</td>
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<tr>
<td><strong>Member</strong></td>
<td>One Day</td>
<td>$355.00</td>
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<td><strong>Non-Member</strong></td>
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<tr>
<td>Pre-Conference</td>
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<td>$75.00</td>
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*Please make all cheques payable to Children’s Mental Health Ontario*

## Full Conference Registration Fees Include:
- 5 keynote presentations
- 2 continental breakfasts and 2 lunches
- Over 45 educational workshops

## One Day Registration Fees Include:
- Breakfast, lunch and sessions on the day of registration

## Certificate of Attendance
Conference participants can receive a “certificate of attendance” to go towards continuing education credits. Please request your certificate of attendance when registering for the conference. No certificates will be provided if not requested at the time of registration.

## Cancellation Policy
Requests for refunds must be received in writing by October 31, 2018. All cancellations are subject to a $50.00 administration fee. Substitutions are accepted. Refund cheques will be issued after the conference.

## For assistance with your conference needs, please contact our event planner:
Sherry Sim at 1-866-655-8548 or sherry@innovative4you.com
# Program at a Glance

## Pre-Conference  Sunday, November 25, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:00 pm – 5:00 pm</td>
<td>CMHO and the Ontario Centre of Excellence for Child and Youth Mental Health are teaming up to bring you this engaging pre-conference session on governance. This session is designed for Boards of Directors and Executive Directors of CMHO member agencies who wish to improve their understanding of effective governance by identifying tools and practices needed to govern effectively as the sector transforms.</td>
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## Monday, November 26, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:00 am – 9:15 am</td>
<td>Opening &amp; Welcome</td>
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<tr>
<td>9:15 am – 9:25 am</td>
<td>Ministry Speaker</td>
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<tr>
<td>9:25 am – 9:40 am</td>
<td>Keynote Presentation <strong>From Crisis to Quality</strong>&lt;br&gt;<strong>Youth Action Committee, The New Mentality</strong></td>
</tr>
<tr>
<td>9:40 am – 10:20 am</td>
<td>Keynote Presentation <strong>Changeable: How Collaborative Problem Solving Changes Lives at Home, at School, and at Work</strong>&lt;br&gt;<strong>Dr. Stuart Ablon, Director of Think: Kids in the Department of Psychiatry at Massachusetts General Hospital</strong></td>
</tr>
<tr>
<td>10:20 am – 10:40 pm</td>
<td>Break</td>
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<tr>
<td>10:40 am – 12:00 pm</td>
<td><strong>Workshops</strong>&lt;br&gt;M11 Research Outcome and Implementation of Collaborative Problem Solving (CPS) in Multiple Settings&lt;br&gt;M12 Scoring Tool for Assessing Residential Treatment (START): Implementing Critical Success Factors in Mental Health Residential Treatment for Children and Youth&lt;br&gt;M13 Bridging the Gap: Introducing Occupational Therapists as Treatment Providers in a Children's Mental Health Setting&lt;br&gt;M14 Business Intelligence Software: A Powerful Tool for Evaluating and Planning Quality Service&lt;br&gt;M15 Are You Ready to Introduce New Innovations? Assessing Readiness for Change in Today's Child and Youth Mental Health Service Environments&lt;br&gt;M16 The RAJO Project: Trauma Systems Therapy for Somali-Canadian Youth&lt;br&gt;M17 Kindergarten Pilot Project: A Cross-Sectoral Collaboration Between the Ottawa Carleton District School Board (OCDSB) and Crossroads Children's Mental Health Centre (CCMHC)&lt;br&gt;M18 One Step at a Time: What We’ve Learned About Integrated Stepped Care Through Youth Wellness Hubs Ontario and Its Predecessors</td>
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<tr>
<td>12:00 pm – 1:00 pm</td>
<td>Lunch</td>
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<tr>
<td>1:00 pm – 2:00 pm</td>
<td>Keynote Presentation <strong>Landmark Research Study: How Are Ontario's Children and Youth Doing?</strong>&lt;br&gt;<strong>Dr. Michael Boyle, Ontario Child Health Study</strong>&lt;br&gt;<strong>Dr. Kathy Georgiades, Ontario Child Health Study</strong></td>
</tr>
<tr>
<td>2:00 pm – 3:20 pm</td>
<td><strong>Workshops</strong>&lt;br&gt;M21 Collaborative Problem Solving in School Based Settings&lt;br&gt;M22 A Privacy Law Primer for Children's Mental Health Professionals</td>
</tr>
</tbody>
</table>
### 2:00 pm – 3:20 pm  
**Workshops Continued**  
- M23 Integrating Social Innovation Principles in Child and Youth Mental Health Systems  
- M24 The Aboriginal Children's Health and Wellbeing Measure (ACHWM)  
- M25 Creating a Culture of Quality to Drive Innovation: Knowing Why, Learning How, Discovering What  
- M26 Rockonlearn.ca: A New Interactive, Online Resource for Parents and Caregivers Supporting their Children and Youth  
- M27 Process and Practice of Addressing Service Gaps in Infant Mental Health  
- M28 The Polaris Program: How We Created an Intensive, Family-Centered Service Model That Keeps Families Together

### 3:20 pm – 3:40 pm  
Break

### 3:40 pm – 5:00 pm  
**CMHO AGM & Marg Campbell Integrity in Leadership Award**  
**Workshops**  
- M31 Collaborative Problem Solving and its Application with Children and Youth with Complex Mental Health Needs  
- M32 Strategies to Improve Mental Health Services for Racialized Youth  
- M33 Research and Practice in Real World Settings: A Unique Community-University Partnership  
- M34 See Through My Indigenous Eyes  
- M35 Family Check-Up Canada: Innovation in Family-Centered, Trans-Diagnostic Child Mental Health Care  
- M36 Adoption of a Competency-Based Clinical Supervision Model: Making Supervision More Effective and Encouraging of Expertise  
- M37 Integrated Care for Children and Youth Who Experience Distress Through Physical Symptoms (Somatization)

### 5:00 pm – 7:00 pm  
CMHO Members Only Reception

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### Tuesday, November 27, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:00 am – 9:05 am</td>
<td>Opening Remarks</td>
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<tr>
<td>9:05 am – 9:15 am</td>
<td>TBD</td>
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<tr>
<td>9:15 am – 9:25 am</td>
<td>The New Mentality</td>
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| 9:25 am – 9:50 am | Keynote Presentation, **Meeting the Mental Health Needs of Racialized Youth**  
*Dr. Gursharan Virdee*, Psychologist and Researcher at The Centre for Addiction and Mental Health |
| 9:50 am – 10:20 am | Keynote Presentation, *Dr. Chris Mushquash*, Title TBD                                             |
| 10:20 am – 10:40 am | Break                                                                                          |
| 10:40 am – 12:00 pm | **Workshops**  
- T11 Tearing Down Silos: How Integrating Child and Youth Mental Health Work in a Multi-Service Model Can Help Your Organization and Clients  
- T12 Creating a Foundation to Support and Empower Innovation and Quality Through Service Delivery: A Service Area Collaborative Journey  
- T13 Implementing the interRAI™ Child and Youth Mental Health Assessment Tool in the Peel Service Area: Managing Change, Innovating as We Go, and the Lessons We’re Learning Along the Way |
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td><strong>Tuesday, November 27, 2018</strong></td>
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</tr>
<tr>
<td>10:40 am – 12:00 pm</td>
<td><strong>Workshops Continued</strong></td>
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<tr>
<td>T14</td>
<td>Differences Can Lead to the Most Enduring Friendships: Service Delivery Collaboration in the Care for Newcomer Children Program</td>
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<td>T16</td>
<td>Healthy Teens: Collaborative Approach to Getting Teens Back to School</td>
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<td>T17</td>
<td>Urban Tele-Mental Health Pilot Project: An Innovative Approach to Reducing Barriers in Children's Mental Health</td>
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<td>T18</td>
<td>Mental Health in the Early Years: Building a Strong Foundation for Children Aged 3-6 in Kindergarten Classrooms Across Ontario</td>
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<tr>
<td>12:00 pm – 12:45 pm</td>
<td>Lunch</td>
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| 12:45 pm – 1:15 pm | Keynote Presentation  *Advice from the Trenches: Bringing a Parent Perspective to Service Design*  
                  | Michele Sparling, Parent Advocate; Board Member, Parents for Children's Mental Health               |
| 1:15 pm – 1:30 pm | Liz Manson Awards                                                                                |
| 1:30 pm – 2:50 pm | **Workshops**                                                                                   |
| T21              | The Housing Outreach Program Collaborative (HOP-C): Using Evidence to Support Youth Transitions from Homelessness |
| T22              | Improving Joy and Meaning at Work: Co-Creating Wellness for Child and Youth Mental Health Providers |
| T23              | Transformative Change Brought by True Family Engagement                                           |
| T24              | Creating a Culture of Data Use to Drive Improvement and Innovation in Child and Youth Mental Health Services |
| T25              | Engagement Utility in Creating Efficiencies in Clinical Standards and Practices                  |
| T26              | Inter-Organizational Networks: Benefits to Improved Service Delivery Provision and Outcomes for Children and Youth |
| T27              | Expanding the Use of the HEADS-ED Tool: From Hospital Emergency Departments and Intake Offices to Community-Based Child and Youth Mental Health Agencies |
| T28              | Transition Support Workers: A Promising Practice to Facilitate Continuity of Care for Children and Youth Transitioning from Hospital to Community Settings |
| 2:50 pm – 3:10 pm | Break                                                                                           |
| 3:10 pm – 4:30 pm | **Workshops**                                                                                   |
| T31              | Expanding the Circle of Care: How Family Support and Wraparound Provides Innovative Service in Children's Mental Health and Primary Care |
| T32              | Collecting Standardized and Meaningful Feedback from Youth and Families: Making Performance Indicators Work |
| T33              | Scaling for Social Impact: Taking an Evidence-Based Program, SNAP, to Scale Using a Venture Philanthropy Model |
| T34              | Intersections: One Service Collaborative's Innovative Response to a System Challenge              |
| T35              | Recognizing and Addressing Developmental Trauma: A Necessary Step for Effective Service Delivery with High-Needs Children and Youth |
| T36              | Strongest Families Institute and IRIS: An Innovative Service E-System Example                     |
| T37              | Increasing Operational Efficiency... What Does That Mean and How Do We Start?                    |
| T38              | Moving from Token Change to Culture Change: Building System and Agency Capacity for LGBTQ2+ Inclusion |
Keynote Information

Dr. J. Stuart Ablon
PhD
Director of Think: Kids in the Department of Psychiatry at Massachusetts General Hospital

Dr. Ablon is the Director of Think: Kids in the Department of Psychiatry at Massachusetts General Hospital and is the Associate Professor and the Thomas G. Stemberg Endowed Chair in Child and Adolescent Psychiatry at Harvard Medical School. Dr. Ablon is author of the books Changeable: The Surprising Science Behind Helping Anyone Change, Treating Explosive Kids: The Collaborative Problem Solving Approach, and The School Discipline Fix.

Dr. Ablon received his doctorate in clinical psychology from the University of California at Berkeley and completed his training at Massachusetts General Hospital and Harvard Medical School. A dynamic and engaging speaker, Dr. Ablon was ranked #5 on the list of the world’s top-rated keynote speakers in the academic arena. Dr. Ablon trains parents, educators, and clinicians, and helps organizations throughout the world implement the Collaborative Problem Solving approach.

Dr. Gursharan Virdee
D. Psych., C. Psych
Psychologist and Researcher at The Centre for Addiction and Mental Health

Dr. Virdee is a psychologist and researcher at CAMH and has worked in a variety of settings ranging from tertiary inpatient services through to community mental health teams and not-for-profit organizations in both the United Kingdom and Canada.

Dr. Virdee currently works with adults and adolescents, and specializes in psychosis, mood and anxiety disorders, addictions, self-harm and trauma. In her work, Dr. Virdee adopts a strengths-based approach to empower individuals, families and communities. She has a special interest in culturally appropriate psychological assessments and interventions. Her research focuses on expanding our understanding of mental health recovery for diverse populations, including immigrant and racialized youth. Dr. Virdee leads The Collaborative for South Asian Mental Health — a group of researchers and service providers working to improve the mental health of South Asian communities in Canada. As part of this work she leads The Roshni Project, a program of research to enhance the mental health outcomes of young South Asian women. Dr. Virdee is also on the board of the Regional Diversity Roundtable, Peel Region.

Dr. Christopher Mushquash
C. Psych, PhD, MA, HBSc
Registered Clinical Psychologist, University Professor and Canada Research Chair in Indigenous Mental Health and Addiction

Dr. Mushquash is a registered clinical psychologist providing assessment, intervention, and consultation services for First Nations children, adolescents, and adults at Dilico Anishinabek Family Care.

Dr. Mushquash is a Canada Research Chair in Indigenous Mental Health and Addiction, an Associate Professor in the Department of Psychology at Lakehead University and the Division of Human Sciences at the Northern Ontario School of Medicine, holds adjunct status in the Department of Health Sciences and the Department of Indigenous Learning at Lakehead University, and is an Adjunct Professor in the Faculty of Social Science and Humanities, at the University of Ontario Institute of Technology. He is currently the vice-chair of the Institute Advisory Board for the Canadian Institutes of Health Research, Institute of Indigenous Peoples’ Health.

Dr. Mushquash is Ojibway and a member of Pays Plat First Nation.
Ontario Child Health Study

Results from the 1983 Ontario Child Health Study were partially responsible for over 3 billion dollars of investment in federal and provincial programs and services, resulting in the creation of programs such as the Ontario Early Years Centres. Now, 30 years later, we are delivering results of the new research at the CMHO Conference. Over 13,500 households were sampled. Come hear the surprising results and learn how you can use this information in the work that you do every day to support children and families.

Dr. Kathy Georgiades

Dr. Georgiades is Principal Investigator of the School Mental Health Surveys and Co-Principal Investigator of the 2014 OCHS. She is an Assistant Professor in the Department of Psychiatry and Behavioural Neurosciences at McMaster University and a Core Member of the Offord Centre for Child Studies. Dr. Georgiades research interests focus on quantifying the relative impact of ecological contexts on developmental outcomes, disaggregating the influences of socio-economic characteristics and modeling the extent to which ecological contexts may influence immigrant and non-immigrant children differently.

Dr. Michael Boyle

Dr. Boyle is the Principal Investigator on the 2014 OCHS and a Co-Principal Investigator for the related 2014 School Mental Health Study (SMHS). He is a Professor in the Department of Psychiatry and Behavioural Neurosciences at McMaster University, Director of the Offord Centre for Child Studies and the Canada Research Chair in the Social Determinants of Child Health. Dr. Boyle’s research interests focus on the determinants of child health, particularly the relationship between neighbourhood, family and individual-level characteristics, the classification and measurement of childhood psychopathology, research study design and statistical analysis.

Youth Action Committee

The Youth Action Committee (YAC) is a provincial advisory committee supported by CMHO and The New Mentality. The committee is made up of youth aged 16-25 who work to reduce stigma and improve mental health services for children and youth through youth-led policy.

At the 2018 CMHO Conference, the committee is excited to release their third youth-led policy paper, From Crisis to Quality, a policy paper aimed directly at service providers to help build a child and youth mental health system in Ontario that is one of quality, continuity, and that meets the needs of all children and youth of diverse backgrounds.
Detailed Workshop Information

Monday, November 26, 2018 | 10:40 am – 12:00 pm

M11  Research Outcome and Implementation of Collaborative Problem Solving (CPS) in Multiple Settings

   Stuart Ablon, Director, Think: Kids, Department of Psychiatry, Massachusetts General Hospital
   Alisha Pollastri, Director of Research and Evaluation, Think: Kids, Department of Psychiatry, Massachusetts General Hospital

This workshop will provide an overview of research and outcomes related to Collaborative Problem Solving across settings. Also a discussion will be had about implementation science as it relates to the implementation of an evidence based approach.

M12  Scoring Tool for Assessing Residential Treatment (START): Implementing Critical Success Factors in Mental Health Residential Treatment for Children and Youth

   Cynthia Weaver, Vice President, Strategic Initiatives, Kinark Child and Family Services
   Larry Shaw, Project Lead, Strategic and Operational Initiatives, Kinark Child and Family Services
   Breanna Costelloe, SNAP Supervisor, Kinark Child and Family Services
   Claire Baxter, Research and Evaluation Advisor, Kinark Child and Family Services

Following Kinark’s position paper, which identified critical success factors in children and youth mental health residential treatment, Kinark has developed and is currently piloting an assessment tool to measure quality in residential treatment. Agencies can learn about recent updates on tool development and its applicability to their residential treatment programs.

M13  Bridging the Gap: Introducing Occupational Therapists as Treatment Providers in a Children's Mental Health Setting

   Christie Hayos, Manager of Outpatient Services and Intake, SickKids Centre for Community Mental Health
   Sarah Ohana, Occupational Therapist, SickKids Centre for Community Mental Health
   Vithurry Sivaloganathan, Occupational Therapist, SickKids Centre for Community Mental Health

As part of an innovative pilot project aimed to fill a gap in services, SickKids Centre for Community Mental Health hired occupational therapists to develop content and facilitate group therapy for children on the waitlist. This presentation will review the innovative means through which the project was developed and highlight main findings from the program evaluation. The findings from the project have direct implications for agency service provision and on client care.

M14  Business Intelligence Software: A Powerful Tool for Evaluating and Planning Quality Service

   Samantha Yamada, Director of Program Development, Research, and Quality Improvement, Child Development Institute
   Glory Ressler, Director of Training and Education, Canadian Mothercraft Society

An overview of the Mothercraft initiative to develop business intelligence (BI) tools for user organizations will be followed by a case example from the Child Development Institute that will highlight the challenges and impact of introducing BI tools at the organizational level. Participants will gain a basic understanding of BI tools along with if and how these tools may be able to help them reach their goals for service quality.
M15  Are You Ready to Introduce New Innovations? Assessing Readiness for Change in Today's Child and Youth Mental Health Service Environments

Renee Sloos, Doctoral Researcher, Peel Children's Centre
Lynne McInally, Child Witness Specialist, Peel Children's Centre
Kathy Sdao-Jarvie, Chief Officer, System Planning and Accountability, Peel Children's Centre

Introducing innovations is critical for quality improvement and system transformation. Understanding how ready your organization is for change can make a difference in how innovations are accepted. This workshop will describe tools and methods to conduct a readiness-for-change assessment at the program, organizational, and system levels.

M16  The RAJO Project: Trauma Systems Therapy for Somali-Canadian Youth

Manal Haji Egeh, Mental Health Clinician, Canadian Friends of Somalia
Mandi Pekan, Mental Health Clinician, Canadian Friends of Somalia

RAJO is a new and innovative program tailored to refugee youth, particularly Somali youth. This workshop will allow for professionals to learn about Trauma Systems Therapy for Refugees and to explore how issues of acculturation, identity and refugee trauma affect refugee youth.

M17  Kindergarten Pilot Project: A Cross-Sectoral Collaboration Between the Ottawa Carleton District School Board (OCDSB) and Crossroads Children's Mental Health Centre (CCMHC)

Petra Duschner, Manager of Mental Health and Critical Services, Ottawa Carleton District School Board
Jessica House, Manager, Crossroads Children's Mental Health Centre
Julie Giachino, Supervisor, Crossroads Children's Mental Health Centre

Full-day kindergarten has been in place for six years. Over that time, there has been an increase in the number of behavioral challenges faced by students. This phenomenon has been reported in school boards across the province. These challenges can affect student well-being and achievement. This workshop will explore an innovative pilot project in Ottawa, jointly led by the Ottawa-Carleton District School Board and Crossroads Children's Mental Health Centre, which aimed at implementing evidence-based approaches and strategies to specifically address these challenges.

M18  One Step at a Time: What We’ve Learned About Integrated Stepped Care Through Youth Wellness Hubs Ontario and Its Predecessors

Paula Reaume-Zimmer, Executive Lead, ACCESS Open Minds Chatham-Kent
Heather McDonald, Chief Executive Officer, LOFT Community Services
Enid Grant, Senior Director, Skylark Children, Youth, and Families
Myra Levy, Director of Clinical and Professional Services, East Metro Youth Services

Across the mental health and addiction sector, we are increasingly recognizing the importance of integrated care for children and youth. This workshop highlights lessons learned and innovations from the field, as reflected by senior leadership from Youth Wellness Hubs Ontario’s participating networks - including YouthCan IMPACT and ACCESS Open Minds.
M21  Collaborative Problem Solving in School Based Settings

*Stuart Ablon*, Director, *Think: Kids, Department of Psychiatry, Massachusetts General Hospital*

*Petra Duschner*, Ottawa Carleton District School Board

This workshop will provide an overview of the use of Collaborative Problem Solving in two school based settings and the impact of the approach across these two school boards. Lessons learned will be provided when implementing in larger school board settings and outcomes will be discussed.

M22  Privacy Law Primer for Children's Mental Health Professionals

*Lonny Rosen*, Partner, Rosen Sunshine LLP

The *Personal Health Information Protection Act, 2004* ("PHIPA") has been the law in Ontario since 2004, but as privacy breaches have occurred in the health sector with ever-increasing media attention, the obligations on health information custodians (HICs) have also increased. This workshop will review new reporting obligations on all HICs and their expectations to safeguard personal health information in light of recent orders and decisions.

M23  Integrating Social Innovation Principles in Child and Youth Mental Health Systems

*Kiaras Gharabaghi*, Director, *School of Child and Youth Care, Ryerson University*

This workshop challenges participants to engage design-thinking in re-imagining a mental health landscape in Ontario. Focusing on chronic and deeply embedded challenges in mental health service provision in Ontario, and informed by the core principles of social innovation, this workshop seeks to reinvigorate organization-level and system-level discussions about how to meet societal needs more effectively and in more sustainable ways.

M24  The Aboriginal Children's Health and Wellbeing Measure (ACHWM)

*Kaitlin Gammon*, ACHWM Interdisciplinary Research Team Member, Social Work, *ECHO Research Centre*

*Marnie Anderson*, ACHWM Interdisciplinary Research Team Member, Project Coordinator, *ECHO Research Centre*

The Aboriginal Children’s Health and Wellbeing Measure (ACHWM) was developed to enable Aboriginal communities to obtain group-level data from the perspectives of their children between 8 to 18 years of age. The measure was developed in collaboration with children, based on the Medicine Wheel framework. This workshop will introduce the interactive measure as a tool for population health assessment, for program evaluation, or for mental health screening.
M25  **Creating a Culture of Quality to Drive Innovation: Knowing Why, Learning How, Discovering What**

*Chris Bartha*, Executive Director, SickKids Brain and Mental Health — SickKids Centre for Community Mental Health  
*Neill Carson*, Clinical Director and Site Lead, SickKids Centre for Community Mental Health

This presentation reports on the integration of The Hospital for Sick Children (SickKids) Brain and Mental Health Program with the former Hincks Dellcrest Centre, now SickKids Centre for Community Mental Health (SickKids CCMH). Using the first year of integration as a case study, participants will learn how a quality improvement plan (QIP) fosters a culture of measurement that enables major organizational change and discuss the application of the QIP approach in their own circumstances.

M26  **Rockonlearn.ca: A New Interactive, Online Resource for Parents and Caregivers Supporting their Children and Youth**

*Maria Rosa*, Lead Parent Facilitator, Reach Out Centre for Kids  
*Darlene Wierski-Devoe*, Family Engagement Coordinator, ROCK  
*Maria Samhouri*, Clinical Therapist, ROCK  
*Joanna Matthews*, Vice President, Strategic Development, ROCK

As clinicians and mental health advocates, we know parents and caregivers may have limited access to traditional mental health supports. To empower them, ROCK has created a new interactive online resource—Rockonlearn.ca—which features eLearning modules, designed to provide skill building, education, tools, and resources to help improve mental wellness for children and youth. This workshop will explore these eLearning modules, developed by parents and caregivers for parents, caregivers, and clinicians.

M27  **Process and Practice of Addressing Service Gaps in Infant Mental Health**

*Linda Morrice*, Clinical Manager, Pathstone Mental Health  
*Kristy Burnett*, Early Childhood Development Specialist, Pathstone Mental Health  
*Spencer Cappellazzo*, Early Childhood Development Specialist, Pathstone Mental Health

This workshop will discuss Pathstone Mental Health's new infant mental health program, which provides a range of services as identified via clinical research, family feedback, and professional input. Pathstone Mental Health identified a need for an infant mental health program through its continuous quality assurance process that was redesigned during the 2016-2017 year. The objective of the process was to develop well-defined service pathways which ensure treatment integrity and reduces both wait lists and wait times.

M28  **The Polaris Program: How We Created an Intensive, Family-Centered Service Model That Keeps Families Together**

*Lesley Barraball*, Director of Children's Mental Health Services, Carizon Family and Community Services  
*Mark Breathwaite*, Manager of Children's Mental Health Services, Carizon Family and Community Services  
*Jill Stoddart*, Director of Research and Innovation, Family and Children's Services of the Waterloo Region

In 2017, Carizon closed their children's residential treatment program, and replaced it with a family-centered, community-based service model developed in direct response to the specific needs identified by their community. This workshop will share the service model, and the key learnings from the first year of implementation and evaluation.
M31  Collaborative Problem Solving and its Application with Children and Youth with Complex Mental Health Needs

   Stuart Ablon, Director, Think: Kids, Department of Psychiatry, Massachusetts General Hospital

This panel discussion will review use of Collaborative Problem Solving (CPS) with children and youth with complex mental health needs. A discussion will be provided as it relates to using the CPS approach in a variety of settings i.e. residential, inpatient and outpatient and school based settings. Lessons learned will be provided, along with a discussion about implementation challenges and outcomes.

M32  Strategies to Improve Mental Health Services for Racialized Youth

   Gursharan Virdee, Psychologist and Researcher, Centre for Addiction and Mental Health

The workshop will be led by Dr. Virdee in partnership with local experts working with racialized youth. Building on content provided during Dr. Virdee's keynote address, this workshop will engage attendees in a series of interactive learning activities to enhance understanding of the specific mental health needs of racialized youth and practice implications for service providers.

M33  Research and Practice in Real World Settings: A Unique Community-University Partnership

   Sherin Hussien, Program Director, Merrymount Family Support and Crisis Centre
   Karen Bax, Director, Assistant Professor, Western University, Mary J. Wright Research and Education Centre at Merrymount
   Caely Dunlop, Graduate Student, Western University, Faculty of Education

In recent years, there has been a staggering increase in the number of children seeking mental health services and a shortage of accessible mental health services across our communities. At the same time, there continues to be a concerning gap between science and practice. This workshop will look at a partnership between the Faculty of Education, Western University and Merrymount Support and Crisis Centre to address these two challenges and assist children and families to succeed in school and in life.

M34  See Through My Indigenous Eyes

   Kim Harris, Director of Assessment/FFS/Ministry Programs, London Family Court Clinic
   Sue Doxtator, Director of FNMI and Diversity Service Coordination, London Family Court Clinic

The London Family Court Clinic and Indigenous partners have designed a culturally collaborative assessment framework which is necessary for culturally appropriate approaches that address risk factors, including suicide risk, as well as social development. This workshop will discuss how through engagement and communal partnership we are unearthing protective factors for Indigenous children, youth, and families and how we are collectively empowering their holistic well-being and strength to build resilience.
M35  Family Check-Up Canada: Innovation in Family-Centered, Trans-Diagnostic Child Mental Health Care

Terry Bennett, Child Psychiatrist and Principal Investigator of FCU Canada, McMaster Children's Hospital, Offord Centre at McMaster University
Paulo Pires, Clinical Director/Co-Investigator of FCU Canada, McMaster Children's Hospital/McMaster University
Heather Prime, Postdoctoral Fellow, Offord Centre at McMaster University
Andrea Gonzalez, Co-Investigator of FCU Canada, Offord Centre at McMaster University

The Family Check-Up (FCU) is a brief, evidence-based preventive/clinical intervention that engages families in a strength-based assessment. Key unique features include its ecological and family-engagement focus; trans-diagnostic approach; and incorporation of strength-based supervision for clinician growth. This workshop will discuss opportunities and challenges in the implementation of evidence-based care and the potential for future scale-up of the FCU across communities and different service settings.

M36  Adoption of a Competency-Based Clinical Supervision Model: Making Supervision More Effective and Encouraging of Expertise

Laurel Johnson, Clinical Director, Child and Youth Mental Health, Kinark Child and Family Services
Teresa Scheckel, Program Director, Child and Youth Mental Health, Central, Kinark Child and Family Services
Chris Simmons-Physick, Program Director, Child and Youth Mental Health, Central, Kinark Child and Family Services
Lara Awoleye, Clinical Supervisor, Child and Youth Mental Health, Durham Program, Kinark Child and Family Services

This workshop will provide an overview of the research about supervision and evidence-informed practices in supervision, presenting effective ways to form supervisory relationships, establish a conceptualization of the supervisee in order to develop learning goals, and identify competency measures. This competency-based model of clinical supervision reaches beyond the traditional "case management" model of supervision with the aim of developing clinical expertise in clinicians. The implementation journey of this competency-based model of supervision will be presented.

M37  Integrated Care for Children and Youth Who Experience Distress Through Physical Symptoms (Somatization)

Claire De Souza, Psychiatrist and Medical Director, Consultation-Liaison Psychiatry Program, Hospital for Sick Children
Joey Latino, Pediatrician, Hospital for Sick Children
Anu Chahauver, Social Worker, Hospital for Sick Children
Elizabeth Lathrop, Social Worker, Hospital for Sick Children

This workshop will explore “somatization”—the expression of distress through physical symptoms. A biopsychosocial and integrated approach to understanding and managing symptoms will be discussed, and a four-phase model of somatization—consisting of 1) confusion 2) understanding the mind-body connection 3) integrated treatment and 4) functional recovery. This four-phase model is introduced as a framework for targeted interventions. Available evidence-based interventions, innovative approaches, and resources will be reviewed.
T11  Tearing Down Silos: How Integrating Child and Youth Mental Health Work in a Multi-Service Model Can Help Your Organization and Clients

_Pierre-Louis Lefebvre_, Director of Services, Valoris for Children and Adults of Prescott-Russell

What would service delivery look like if multiple agencies were truly integrated? Clients’ needs are often complex and go beyond the traditional child and youth mental health services mandate. While many agencies deliver services under different ministry mandates, it often translates in parallel service structures under a single roof. This workshop will look at a bold new way of integrating services that allows clients to work on multiple types of needs with an integrated service team.

T12  Creating a Foundation to Support and Empower Innovation and Quality Through Service Delivery: A Service Area Collaborative Journey

_Cynthia Weaver_, Vice President, Strategic Initiative, Kinark Child and Family Services  
_Michelle Goulborne_, Decision Support Planner, Kinark Child and Family Services  
_Dean Rokos_, Executive Director, York Centre for Children, Youth and Families

This workshop will provide an overview of the development of a draft service area framework focused on how quality and innovation enable service area/service system planning, as well as development and implementation of best practices. This workshop will examine how our draft framework incorporates key stakeholders as partners through an inclusive process that holds clients and families at the centre of all we do. We will also examine how our draft framework lays the foundation for better service delivery and alignment to identified needs and attempts to outline our combined accountability to continuous improvement and ongoing evaluation of our individual services and system at a service area level.

T13  Implementing the interRAI™ Child and Youth Mental Health Assessment Tool in the Peel Service Area: Managing Change, Innovating As We Go, and the Lessons We’re Learning Along the Way

_Linda Yuval_, Director, Performance Measurement and Improvement, Peel Children’s Centre  
_Bhupinder Heer_, Supervisor, Clinical Services, Peel Children’s Centre

In 2016, the Office of the Auditor General of Ontario identified the lack of standardized assessments in child and youth mental health as a key concern. This workshop will outline the system-level implementation of the interRAI™ Child and Youth Mental Health Assessment tool in the Peel Service Area, including our process and the successes, challenges, and lessons learned along the way. Participants will learn practical strategies for implementation in their home agencies and service areas.

T14  Differences Can Lead to the Most Enduring Friendships: Service Delivery Collaboration in the Care for Newcomer Children Program

_Todd Dickey_, SDR – Care for Newcomer Children, Merrymount Family Support and Crisis Centre  
_Sherin Hussien_, Program Director, Merrymount Family Support and Crisis Centre

This presentation will explore a collaborative project in London, Ontario: Care of Newcomer Children. This joint initiative between Cross Cultural Learner Centre and Merrymount Family Support and Crisis Centre provides a safe and creative space for newcomer children, often with severe experiences of trauma, to develop social, emotional, and language skills. This initiative also allows children to overcome separation anxiety, survival instinct behaviours, and “parentification” while their parents attend various settlement support services.

*Kristina Scully, Infant Mental Health Lead and Parent/Child Therapist, Youville Center
Elaine Conrad, Parent/Child Therapist, Youville Center*

Quality parenting relationships are known to be beneficial both clinically and economically. A large part of providing quality parenting involves supporting a child’s social and emotional development. This workshop will explore how the use of three innovative approaches to assessment, parenting and therapy, clients learn to better understand how to read their child’s cues, support their child’s emotions and understand their child’s temperament. This workshop will also explore how this improved understanding will help to build a more secure attachment relationship between the parent and child.

**T16  Healthy Teens: Collaborative Approach to Getting Teens Back to School**

*Maryam Ebrahimpour, Manager, Clinical and Counselling Services, Turning Point Youth Services
Brahm Goldenberg, Supervisor, Children’s Aid Society of Toronto
Franz Noritz, Supervisor, Children’s Aid Society of Toronto
Thea Dorsey, Counsellor, Turning Point Youth Services*

The aim of this workshop is to showcase a collaborative approach to youth mental health. The Healthy Teens Program is a collaborative initiative between Turning Point Youth Services, Children’s Aid Society of Toronto, and the Child Welfare Institute. The goal of this program is to improve youth’s outcomes with respect to their school attendance, access to services, overall wellbeing, and relationships with the significant people in their lives.

**T17  Urban Tele-Mental Health Pilot Project: An Innovative Approach to Reducing Barriers in Children's Mental Health**

*David Willis, Clinical Manager, Tele-Link Mental Health
Chris Brown, Manager, East Metro Youth Services
Jessica Bentley, Intake Coordinator — Urban Telepsychiatry, Tele-Link Mental Health*

The Urban Tele-Mental Health Pilot Project uses live videoconferencing equipment to reduce barriers for children and youth in Toronto to access mental health services. This workshop will explore how this service works, who it can benefit, and how it can be incorporated into clinical practice in child and youth mental health agencies.

**T18  Mental Health in the Early Years: Building a Strong Foundation for Children Aged 3-6 in Kindergarten Classrooms Across Ontario**

*Purnima Sundar, Director, Knowledge Mobilization, The Ontario Centre of Excellence for Child and Youth Mental Health
Chaya Kulkarni, Director, Infant Mental Health Promotion
Nicole Summers, Program Associate, The Ontario Centre of Excellence for Child and Youth Mental Health
Nisreen Khambati, Researcher, Infant Mental Health Promotion*

The Ontario Centre of Excellence for Child and Youth Mental Health (the Centre), has partnered with the Infant Mental Health Promotion (IMHP) program to develop a policy-ready paper that explores potential responses to recent increases in reports of challenging behaviours among 3-6-year-olds in junior and senior kindergarten classrooms across the province. This workshop reviews the foundational principles of mental health in younger children, summarizes research focused on the impact of early life experiences on mental health, and discusses findings from two key collaborations in this area.
The Housing Outreach Program Collaborative (HOP-C) is a tertiary prevention approach designed to address the problem of youth cycling in and out of homelessness through transitional case management, mental health and peer supports. This workshop will address population needs, implementation, service partnerships, and bringing interventions to scale. Evidence from both an Indigenous-focused version of HOP-C in Thunder Bay and a Toronto version will be presented.

Improving Joy and Meaning at Work: Co-Creating Wellness for Child and Youth Mental Health Providers

The health and well-being of service providers is important in ensuring that staff have ongoing competence and capacity to provide effective care and services. This workshop will review individual and organizational level efforts, and trends in organizational development, that emphasize holistic perspectives in improving joy and meaning at work. Participants will have an opportunity to co-create a roadmap for an innovative project to improve joy and meaning at work among providers in our sector.

Transformative Change Brought by True Family Engagement

Family engagement is a “hot topic” but it is more than keeping families involved in service. This session will look to create positive change in genuine family engagement. Presented by a clinician with 20 years of experience in children’s mental health and extensive relevant lived experience, this workshop will provide a safe space to unpack current practices. Participants will also discuss the role that families should have in contributing to the development and application of family engagement best practices in children’s mental health.

Creating a Culture of Data Use to Drive Improvement and Innovation in Child and Youth Mental Health Services

Data-driven approaches are increasingly important methods to align and implement improvement or innovation efforts. However, many leaders face challenges in building a culture of effective data use. In this workshop, participants will explore the elements of an effective culture of data. Through structured discussions and activities, participants will get the information and tools they need to lead their agencies towards becoming a data driven organization.
T25  Engagement Utility in Creating Efficiencies in Clinical Standards and Practices

*Shaun Baylis*, Chief Executive Officer, Pathstone Mental Health  
*Bill Helmeczi*, Director of Mental Health, Pathstone Mental Health

In 2016-2017, Pathstone Mental Health went through a transformation of standardization that was based upon collaboration with all our stakeholders. We discovered that this transparent and inclusive process, including presenting staff with specific workload and caseload reports, created a mechanism that fostered a feedback loop that supported ongoing and continuous improvement. This workshop will explore how this process generated creative and timely programming that positively impacted wait times and wait lists.

T26  Inter-Organizational Networks: Benefits to Improved Service Delivery Provision and Outcomes for Children and Youth

*David O’Brien*, Director of Infant, Child, and Youth Mental Health, Yorktown Family Services  
*Likwa Nkała*, Manager, Provincial YOW Network, East Metro Youth Services

Yorktown Family Services completed a conceptual literature research study and analysis in assessing prospective models that support the integration, management, and leadership of inter-organizational models that propose to improve service delivery. This workshop will explore the findings of this study, which suggest inter-organizational models of partnership, led through transformational leadership, are beneficial in reducing wait times for service, closing gaps between organizations and sectors for children and youth transitioning between service providers.

T27  Expanding the Use of the HEADS-ED Tool: From Hospital Emergency Departments and Intake Offices to Community-Based Child and Youth Mental Health Agencies

*Mario Cappelli*, Senior Child and Youth Mental Health Clinician-Scientist, The Ontario Centre of Excellence for Child and Youth Mental Health  
*Laura Kelly*, Program Associate, The Ontario Centre of Excellence for Child and Youth Mental Health  
*Paula Cloutier*, Research Associate, Children’s Hospital of Eastern Ontario (CHEO) and CHEO Research Institute  
*Christine Polihronis*, Post-Doctoral Fellow, CHEO Research Institute

The HEADS-ED is a brief mental health screening tool originally developed to help emergency physicians obtain a psychosocial history and to aid in making decisions regarding patient disposition. This workshop will promote the use of the HEADS-ED communimetric-based screening tool to identify needs based on levels of action to guide and support care; deliver training on administering the HEADS-ED tool and identifying appropriate community mental health resources; and demonstrate how the tool is currently being used.
T28 Transition Support Workers: A Promising Practice to Facilitate Continuity of Care for Children and Youth Transitioning from Hospital to Community Settings

Kristin Cleverley, Assistant Professor, University of Toronto; Clinician-Scientist, Centre for Addiction and Mental Health
Leora Rich, Manager, Clinical Services, East Metro Youth Services
Tracy Ashley, Youth and Family Support Services Service Coordinator, Griffin Centre
Barbara Hanssmann, Director, Youth and Family Support Services, Griffin Centre

This presentation showcases two innovative programs in Ontario that facilitate effective transitions of children and youth from hospital inpatient mental health units into community settings using transition support workers (TSW). This presentation will describe both programs, examining their care pathways, service profiles, successes, challenges, and roles of the TSW. The presenters will summarize the state of the evidence on TSWs and explore how further research and evaluation could support this emerging practice.

T31 Expanding the Circle of Care: How Family Support and Wraparound Provides Innovative Service in Children's Mental Health and Primary Care

Michelle Whalen, Manager of Coordinated Service Planning and Caroline Families First, Reach Out Centre for Kids
Alexis Wenzowski, Supervisor, Reach Out Centre for Kids

In 2013, Caroline Families First was one of the first programs to be jointly funded by the Ministries of Health and Long-Term Care and Child and Youth Services. This innovative program aimed to improve outcomes for children, youth and their families who struggle with complex children’s mental health needs. This workshop will explore the ways this program has created a bridge between the fragmented primary health care and children's mental health systems.

T32 Collecting Standardized and Meaningful Feedback from Youth and Families: Making Performance Indicators Work

Catherine Ahern, Manager of Quality Improvement and Evaluation, Lynwood Charlton Centre
Laura Duncan, Research Coordinator, Oﬀord Centre for Child Studies
Louise Murray-Leung, Family Engagement Lead, Lynwood Charlton Centre
Mark Fernandes, Clinical Family Therapist, Child and Adolescent Services, City of Hamilton

This workshop will address the challenge of balancing the need for feedback from youth and families that is both deep enough to be meaningful and broad enough to be reliable, valid and useful, as well as easy to collect. Participants will come away with a road map to help them along their data journey towards collecting feedback from families and youth that both fulﬁls some government-mandated performance indicators and informs quality improvement at clinical, agency, and service area levels.
T33  **Scaling for Social Impact: Taking an Evidence-Based Program, SNAP, to Scale Using a Venture Philanthropy Model**

- **Leena Augimeri**, Director, Scientific and Program Development, Child Development Institute
- **Margaret Walsh**, Manager, Research, Evaluation and Data Systems, Child Development Institute
- **Nicola Slater**, Manager, SNAP Business Development and Affiliate Relations, Child Development Institute

The Stop Now And Plan (SNAP®) National Expansion project’s goal is to implement SNAP, an evidence-based model, in 120 new communities across Canada, while creating communities of practice for sustainability. SNAP is designed specifically for children, in their middle years, experiencing serious disruptive behaviours. This project utilizes an innovative approach in children's mental health—a Venture Philanthropy Model, bringing together government, business, and the philanthropic community to help create massive social change in Canada.

T34  **Intersections: One Service Collaborative's Innovative Response to a System Challenge**

- **Ian Wiseberg**, Manager, Crossroads Children’s Mental Health Centre
- **Jessica Ripley**, Strategic Youth Program Specialist, Ottawa Police Services
- **Sue Poldervaart**, Executive Director, RNJ Youth Services

Intersections is an evidence-informed early intervention program that helps identify mental health, and other needs, of children and youth (8-17 years old) at their first contact with the justice system. Intersections also works to direct these children and youth to the appropriate services and supports in a way that streamlines resources and best supports them and their families. This workshop will describe how Intersections was implemented throughout the Champlain Region in Lanark, Leeds and Grenville; Ottawa; Prescott-Russell; Renfrew County; and Stormont-Dundas and Glengarry.

T35  **Recognizing and Addressing Developmental Trauma: A Necessary Step for Effective Service Delivery with High-Needs Children and Youth**

- **Mary-Jo Land**, Psychotherapist
- **Charlie Menendez**, Psychologist
- **Susan Dundas**, Child and Adolescent Psychiatrist, Hospital for Sick Children
- **Leticia Gracia**, Director of the Community Clinic, The George Hull Centre for Children and Families

What do you do when the DSM isn’t working for many of the most vulnerable and high needs children and youth in our province? This workshop will discuss why we need to name and treat Developmental Trauma even if the DSM won’t. We will introduce the Developmental Trauma Action Alliance, a multidisciplinary and cross-sectoral group seeking to raise awareness about Developmental Trauma in Ontario and improve the well-being of those impacted by it.

T36  **Strongest Families Institute and IRIS: An Innovative Service E-System Example**

- **Patricia Lingley-Pottie**, President and CEO, Assistant Professor, Strongest Families Institute; Scientist, Dalhousie University, IWK Health Centre
- **Katherine Sdao-Jarvie**, Chief Officer, System Planning and Accountability, Peel Children's Centre
- **Flora Ennis**, Services/System Planning (Brant) and Children's Mental Health Services (Hamilton), Woodview Mental Health and Autism Services
- **Kathrin LaVigne**, Vice President of Operations, Strongest Families Institute
This workshop will demonstrate how Strongest Families Institute and the IRIS platform, an innovative e-system, is easily integrated to provide waiting families with quick access to services. Ontario-based evidence will be presented, and scalability, waitlist reduction strategies, data collection, agency collaboration, IRIS workflow management and user interfaces will be explored.

T37 Increasing Operational Efficiency... What Does That Mean and How Do We Start?

Suzette Arruda-Santos, Executive Director, Yorktown Family Services
Susan Chamberlain, Executive Director, George Hull, The George Hull Centre for Children and Families

Two agencies made remarkable improvement in utilizing limited resources. Their partner, Capitalize for Kids, brought a “business perspective” to the challenge. Together, they tackled complex problems such as “no show” rates, implemented an appointment reminder system, reduced staff time spent on case notes, implemented a digital HR system and streamlined finance and HR systems. The Executive Directors of these two agencies will share their learnings, new ways to attack complex problems and change leadership. If you are looking to create better efficiencies in your agency and would like to learn from others who have embarked on this journey, this session is for you. Attendees will leave with ideas that they can implement right away.

T38 Moving from Token Change to Culture Change: Building System and Agency Capacity for LGBTQ2+ Inclusion

Fae Johnstone, LGBTQ2+ Community Organizer, Educator and Facilitator

This workshop will provide participants with insights into best practices in supporting LGBTQ2+ youth in the child and youth mental health sector. Moving beyond the typical “LGBTQ2+ 101” workshop, this presentation will share promising practices to move organizations from token change, to the organizational culture change needed to embed LGBTQ2+ inclusion as a core value and practice.