

# The Aboriginal Children's Health and Well-being Measure



Children's Mental Health Ontario Conference

November 13'2017

# Presentation Overview

- \*OICC + ACHWM: History and Background
- \*Partnerships OICC + Laurentian University and Wiikwemkoong Unceded Territory
- \*How ACHWM Works
- \*Individual Intervention
- \*Data collection/ Evidence-based programming
- \*Potential to Influence Policy
- \*Questions/Discussion

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**The Ottawa Inuit  
Children's Centre  
in Partnership  
with Laurentian  
University and  
Wiikwemkoong  
Unceded Territory**

OICC

1

ACHWM

2

Collaboration  
and  
Revisions

3

# The Ottawa Inuit Children's Centre

- \* History/Background
- \* Who we serve and what we do
- \* Growth of Inuit community in Ottawa
- \* Moving from anecdotal to data collection, to inform service provision

## ACHWM

\***Self-determination:** enable Aboriginal health leaders to gather information on the health of children/youth in their community.

\***Child/ Youth focused:** Involved Aboriginal children/youth in development

\***Culturally appropriate:** meaningful and deliberate for urban Inuit

\*Initially developed with the Wiikwemkoong First Nations community based on the medicine wheel



## Meaningful Partnership + Collaboration

- \*Relationship is key!
- \*Relationship between OICC, Laurentian University and Wiikwemkoong Unceded Territory
- \*Made Inuit-specific adaptations
- \*Consultations with OICC staff and community members (Children/youth and parents)

Summary  
of  
Revisions

## Summary of Revisions

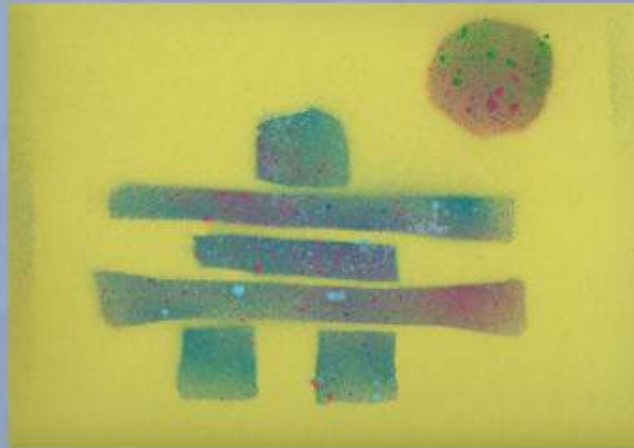
- \* Change the title to *Qanuippit*, meaning "*How are you?*" in Inuktitut
- \* Replace the logo; developed by Inuit children
- \* Remove, replace and change wording

Logo

Remove,  
change,  
replace



Logo



## Remove, change, replace

\*Remove the word 'succeed'

\*Change 'Native' to 'Inuit'

\*Change 'traditional medicines' to 'traditional practices' - ex. Country food, Inuit remedies, lighting qulliq (eliminate possible overlap Q #55)

\* with "I feel like good things will happen"

\*Add "I worry about getting enough to eat" and "I have hope for my future."

\*Three additions we made were adapted by the First Nations communities

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# Individual Intervention

- \*Assessment
- \*Flags
- \*Follow-up
- \*Referral
- \*Tablet run-through
- \*Case Examples

Case Example 1

Case Example 2

A photograph of a beach with a large blue circle overlaying the text. The background shows a sandy beach with several dark, rounded objects (possibly stones or shells) scattered across it. The sky is overcast with grey clouds. The blue circle is semi-transparent, allowing the background image to be seen through it.

## Case Example 1

- \* 9 year old
- \* multiple supports
- \* No evidence of signs or symptoms
- \* Flags: 'often think about ending my life' + 'sometimes think about hurting myself'
- \* Referral made for therapeutic support
- \* Clinician confirmed need for support



## Case Example 2

- \* 15 years old
- \* multi-disciplinary team
- \* Flag: "I often feel afraid at home"
- \* Follow up: Afraid of the thought of being home alone, but never has been left at home alone
- \* Early intervention allowed for pre-planning to prevent crisis

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# Evidence - based program delivery

- \*Survey collects data and generates reports
- \*First report (sample size of 26); validated what OICC experienced about 'needs' and 'strengths' of community
- \*Mental Score (cognition' lower than other quadrants; struggles in education; reflects problem solving and thinking)
- \*OICC children and youth are generally doing well emotionally and physically
- \*Further inquiry needed regarding spirituality
- \*Provides numbers in order to get funding for programming
- \*Has helped with development of our clinical team

Global Scores

1

ACHWM Scores

2

Open Questions

3

Screening Results

4

Mental Health Worker Assessment

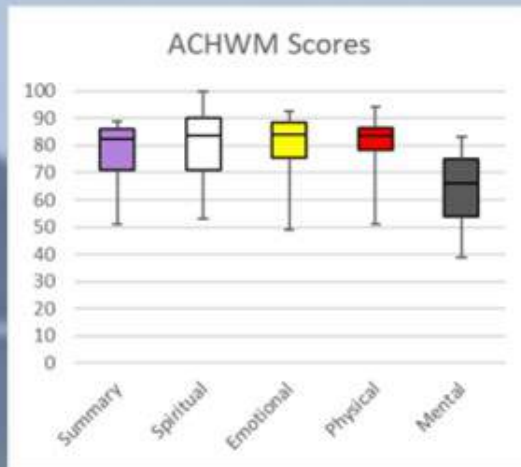


# Global Scores

How would you describe your health this past month?



# ACHWM Scores



# OPEN QUESTIONS

\*What do you do to stay active?

\*What cultural activities do you do?

\*What activity would you do if you had the chance?

What do you do to stay active?

What cultural activities do you do?

What activity would you like to do if you had the chance?

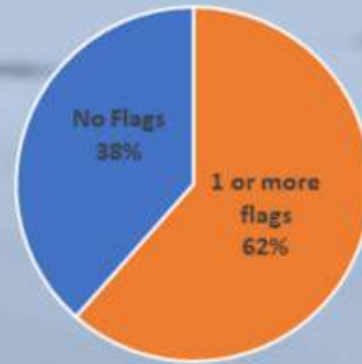
What do you do to stay active?



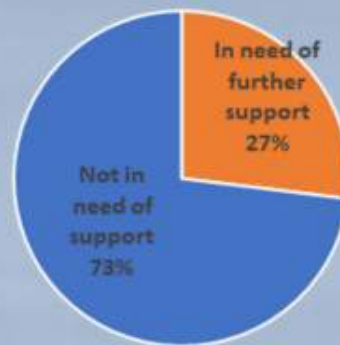




## Screening Results



# Mental Health Worker Assessment





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# Influencing Policy

- \*Data = evidence for advocacy
- \*Mental Scores reflect challenges at school
- \*Data is being used to inform discussions with the Ministry of Education and Ministry of Children and Youth Services

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## Questions and Contact Information

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